



2024 INTERMEDIATE SEQUENCE

- *Fig.* **1 Goldfish.** Inverted entry, push to 45 upline, 1 1/2 rolls on upline, push 3/4 outside loop to 45 upline, 2 of 4 point roll on upline, push to exit upright.
- *Fig.* 2 **Down Teardrop.** Push to 45 downline, 1/2 roll on downline, pull 5/8 inside loop to vertical upline, 1 full roll on upline, pull to exit inverted.
- *Fig.* 3 Split S. 1 negative snap on entry, pull half inside loop, 4 of 8 point roll opposite 1/2 roll on exit, exit upright.
- *Fig.* **4** Laydown Humpty Bump. Pull 135° to inverted 45 upline, 1 negative snap on upline, pull 1/2 inside loop to 45 downline, 2 of 2 point roll, pull to exit upright.
- *Fig.* 5 Hammerhead. Pull to vertical up line, 4 of 4 point roll on upline, stall turn, 1/2 roll on downline, push to exit inverted.
- *Fig.* 6 Outside/Inside Loop. Push half outside loop, 2 of 4 point roll at top of loop, pull half inside loop, exit upright.
- *Fig.* 7 Humpty Bump. Pull to vertical upline, 2 of 8 point roll on upline, push 1/2 outside loop to vertical downline, 1 positive snap on downline, push to exit inverted cross-box.
- *Fig. 8* Vertical Upline. Push to vertical upline, 1 1/4 roll on upline, push to exit upright.
- *Fig.* 9 Spin. 1 & 3/4 upright spin, opposite 1/4 roll, push to exit inverted.
- **Fig. 10 90 Degree Rolling Turn.** 90 degree turn with one roll to the inside, exit inverted.





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